



SUBSCRIPTIONS

HOW IT WORKS, DETAILS & FAQs

BUILDING YOUR 1ST SUBSCRIPTION ORDER

1

PLAN YOUR FIRST WEEK

- Choose the week you want to receive your 1st order.
- Select the day you want delivery or pickup when you checkout.



2

BUILD YOUR 1ST SUBSCRIPTION ORDER

- Select meals from our **Finish & Serve** and **Ready To Eat Menus**.
- *Minimum of 4 servings per order.



3

SELECT YOUR DELIVERY OR PICKUP DAY

- Choose Local Delivery or Curbside Pickup, then select the day you want to receive your 1st order.
- Receive future orders on the same weekday as your 1st or most recent order.



4

CHECKOUT

- You will be charged for your 1st order right away.
- Future order payments will process at 12 am every Friday.



HOW FUTURE RECURRING SUBSCRIPTION ORDERS WORK

PREVIEW AND SELECT YOUR MEALS UP TO 3 WEEKS OUT!



- Once your first subscription order processes, you can log in and see menus for the next 3 weeks.
- You can select the meals you want for upcoming weeks.

CHOOSE MEALS FOR THE UPCOMING WEEK, OR LET US SELECT FOR YOU!



- If you haven't already selected your meals, our system will auto-select them for you.
- Auto-selection for future orders is based on the selections you made on your 1st or most recent order.
- Auto-selections will default to the same quantities, with similar proteins and price points as your 1st or most recent order.

MAKE ANY CHANGES OR SKIP YOUR NEXT ORDER BEFORE 12 AM ON FRIDAY



- Select or make changes to your meals up until your order processes at 12 am on the Friday before you will receive the order.
- You can skip an order or pause your subscription anytime before that order processes.
- Once the order processes, we cannot make changes to the order or cancel the order.

ENJOY!



- Refrigerate upon receipt, and follow simple heating instructions when you're ready to enjoy!
- Everything stays fresh in your fridge for up to 4 days.

